

Hives Brief Version

What are hives?

Your child has hives when:

- Your child has itchy, raised pink spots with pale centers. They often look like mosquito bites. They may be different sizes and shapes.
- The spots change size and shape. They may move from one area on the body to another.

Your child may be allergic to a food, medicine, insect bites, or other things. This causes the hives. Hives do not spread to other people. They come and go for a few days to several weeks and then go away.

How can I take care of my child?

- **Give your child antihistamine medicine.** This medicine won't cure the hives, but it will help the itching and reduce the number of hives. OTC Claritin or Zyrtec for kids >2yr. Be sure to keep giving the medicine until you are sure the hives are completely gone for 24 hours. Other wise your child may get itchy again.
- **Make sure your child stays away from anything you think may have caused the hives.**
- **Have your child take a shower,** if the hives were caused by pollen or animals - this may or may not make the hives worse, heat or temperature changes often exacerbate the problem but provide temporary relief to your child.

Call your child's doctor right away if:

- It gets hard for your child to breathe or swallow.
- Your child starts to act very sick.

Call your child's doctor during office hours if:

- Most of the itch is not better after your child has taken the medicine for 24 hours.
- The hives last more than 1 week.
- You have other concerns or questions.

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